Easy Read Version

Co-Creation & Choreography at a Distance

Join our free online dance workshop series. You will learn to create dances together with other dancers. The sessions are for dancers of all levels. Everyone is welcome to participate.

We are running free online dance workshops. You will learn how to make a new dance with other people over video calls.

The workshops will happen on five different days in September and October. They start at 1pm UK time and are 45 minutes long. You will attend all five workshops.

The workshops will be online using video meeting software called Google Meet. People from all over the world can join from their own homes. They will be in English.

What will happen in the workshops:

First, we will get to know each other and talk about what we want to learn during the sessions.

Then we will try making up our own dance moves and practice moving together over video. We will join our dance moves together into a longer dance that we can perform at the same time.

We will talk about how making a dance together online is different from dancing together in the same place. Finally, we will share what we learned.

Lauren Russell is the dancer who will be running the workshop. She is a dance artist and producer. She has a lot of experience with inclusive dance.

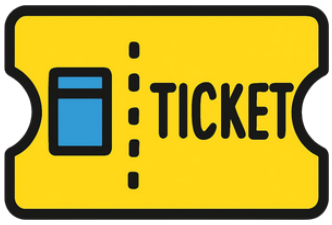
Everyone is welcome, with any amount of dance experience or ability. The dance moves can be changed so that everyone can take part.

When the workshops are:

The workshops are 1.00pm - 1.45pm (UK Time) on:

- Monday 14th September
- Monday 21st September
- Friday 25th September
- Monday 28th September
- Friday 2nd October

How to book the workshop:



To book your place on the workshops, please visit the link below and click “Reserve your space”:

https://www.tickettailor.com/events/weareepic/2368510

If you need any help:

If you have any questions or need any help, please email Jack at this email address: jack@epicarts.org.uk